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Join Us for Virtual Events in February



Caregiver Lounge

February 22 @ 7pm eastern Holding Healthy Boundaries

Momcology's Caregiver Lounge is back! Join us for the first session of our 2024 psychosocial support and informational webinar series. Our evening together will be facilitated by **Greg Hedler, LCSW** from Children's Hospital of Philadelphia on the topic of boundaries.



[Register for Caregiver Lounge](#)



February 10 @ 11 eastern Dadcology Fireside Chat

A new program just for dads to connect and share about unique challenges and the establishment of a support group environment for dads. Dads need support too.

[Register](#)



February 24 @ 11 eastern Caregiver Coffee Break

Join our regular coffee break group for community support and a casual peer conversation over coffee. Coffee breaks meet monthly and new attendees are welcomed!

[Register](#)

February *Shop to Support* Sale



Now through Valentine's Day spend \$25 in our shop and get an additional item at 50% off. [Offer code **LOVE24** at checkout]

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